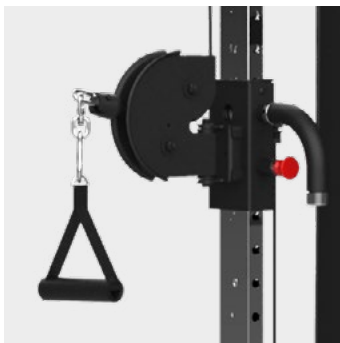


# FCPT



bodytone



Adjustable guides



Adjustable backrest



Handles



Pull-up bar

# FCPT

## Personal Trainer Machine

A professional pulley station designed for personal trainers and boutique gyms. It offers adjustable resistance, multiple grip options and a compact design that allows you to guide the client throughout the entire movement. Machine with adjustable pulleys, ideal for chest, back, shoulder, arm and leg exercises.



218<sub>cm</sub>  
109<sub>cm</sub>  
232<sub>cm</sub>

Dimensions



360  
kg

Net weight



2x90kg  
5 kg/plate

Plates weight



Ultra  
silent

Bearings



100x50  
mm

Steel tubes

### STRUCTURE

Carbon steel tube 100x50 cm and 2.5 mm thick. Welded by robotised process, free of projections. 12 mm structural connecting plates, for an extra-rigid joint.

### BEARINGS

Ultra-quiet ball bearings with smooth sliding, allowing a more fluid and pleasant running of the exercise.

### PULLEY GUIDES

70 x 30 mm carbon steel tube, with 35 laser-cut and numbered positions for pulley adjustment.

### PLATE GUIDES

19 mm calibrated steel.

Double hardened chrome plating treatment for a better sliding.

### PULLEYS

Nylon with an internal bearing and quiet operation. System featuring 8 pulleys per plate tower.

### STEEL CABLES

PVC coated and 4 mm diameter, with smooth and safe performance.

### WEIGHT PLATES

2 towers of 90 kg, with 5 kg plates. Ultra silent movement. Protective rubber bumpers on anti-shock base.

### WEIGHT SELECTOR

Magnetic, with colour coded plates for intensity level and safety cord.

### ADJUSTMENT LEVERS

In aluminium, quick release, in red for easy location.

### PLATE FAIRING

Full-length, double-sided metal fairing made from 1 mm-thick carbon steel plate, providing protection against potential accidents.

### ADJUSTABLE HANDLE HOLDER

- Double holder with dual anti-rotation swivel hooks and a carabiner for changing handles.
- Double pulley system for a progressive workout. Adjustable via pop pins in 35 positions.

### HANDLES

- Double one-handed grip handle in non-slip PVC.
- One-handed rope grip handle.
- Two-handed rope grip handle
- Steel bar for squats

### ADJUSTABLE CENTRAL BACKREST

Central backrest adjustable to 10 positions of inclination and depth, with a telescopic tube adjusted by a pop pin with 8 positions. Made of high-density EVA foam, leather-like finish, hypoallergenic and easy to clean.

### PULL-UP BAR

Top pull-up bar with non-slip grip.

### MATERIALS AND FINISHES

High quality finishes.  
3.5mm thermoplastic ABS end caps.

### BASES

Covered in non-slip rubber.

### MAINTENANCE AND LUBRICATION

Lubrication of bearings and calibrated steel guides.

#### BODYTONE DESIGN PROCESS

Ergonomic and biomechanical study under our associated Professional's supervision and by professional athletes. After a long design process; from the drawing of the sketch, engineering research, prototypes making, and tested by Professional athletes our products are released to the market.

**bodytone**