

bodytone

FORZA **HERO**



FH40

ABD / BACK EXTENSION

FORZAHERO

This new line is a selection of Bodytone's premium strenght machines, focusing in the user for an excelent training results. Discover all >>>



Connectivity pack
screen 10" and NFC (optional)



High quality
termoplastic covers



Carbon fiber finish



Ultrasilent bearings



Digital counter



Bottle and
mobile holder



Upholstery
ABS covers



Non-slip PVC grips
with aluminium caps

SCREEN**TECHNOLOGY**

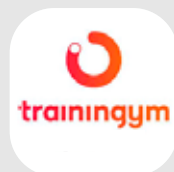
MONITORIZE
YOUR TRAINING

IMPROVE THE PRECISION
OF YOUR WORKOUTS

INTERACTIVITY
AT THE TIME



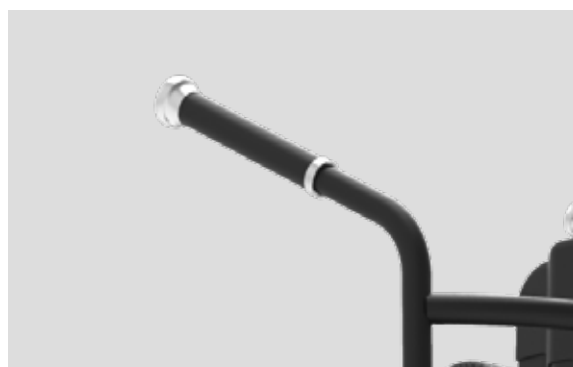
**CONNECTED TO
YOUR CENTER'S APP**
powered by



CONNECTIVITY PACK SCREEN 10" AND NFC (OPTIONAL)

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EXERCICE

Machine for performing seated crunch abdominals and lumbar extension of the back.

DIMENSIONS

126 x 111 x 162 cm

WEIGHT

140 kg

WEIGHT PLATES

107 kg (7 kg/plate)

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STRUCTURE

Plate structure part: Carbon steel tube of 140 x 75 mm and 3 mm thickness.
Functional part: oval carbon steel tube of 100 x 50 mm and 3 mm thickness.
Round tube of 60 mm diameter. Welded by robotic process, projection free.

BEARINGS

Ultra-quiet ball bearings with smooth sliding, allowing smooth travel of the exercise more fluent and pleasant.
Measures 52 x 15 mm.

PULLEYS

V-groove nylon. With an internal bearing and quiet operation.
Step diameter: 95 mm

PLATE GUIDES

Stainless steel plate guides. Hardened double chrome treatment for better sliding.

STEEL WIRES

PVC coated and 5 mm in diameter, with smooth and safe performance. Breakage index test: 1,000 kg. Safety terminal with steel ball joints.

WEIGHT PLATES

107 kg as standard, with 7 kg plates.
Ultra-quiet movement. protective stops rubber on anti-knock base. protective stops of PVC between anti-knock plates.

WEIGHT SELECTOR

Magnetic, color-coded plates by intensity level, and safety lanyard.



ADJUSTMENT LEVERS

In aluminum, quick release, in red to facilitate its location.

PLATE FAIRING

3 mm thick thermoformed ABS fairing, to protect from possible accidents.

BOTTLE RACK AND UPPER STORAGE

3mm thick thermoplastic ABS piece. Includes bottle rack and slide tray with non-slip texture.

REPEATCOUNT

As standard, integrated into the fairing.

GRIPS

Non-absorbent non-slip PVC.

BACKS AND UPHOLSTERY

Back, headrest and seat made of foam, upholstered in imitation leather, anti-allergic and easy to clean, with a carbon fiber effect texture.

MATERIALS AND FINISHES

High quality in its finishes.
3.5 mm thermoplastic ABS ferrules.

BASES

Covered in non-slip rubber.

MAINTENANCE AND LUBRICATION

Lubrication of bearings and calibrated steel guides.

PAINTING PROCESS

3 coats of paint. Pickled and stabilized steel by total immersion of the parts in different degreasing solutions to guarantee a perfect and complete cleaning of the base material. Anti-rust primer to ensure proper isolation of internal oxidation and good paint adhesion. In addition, it has 2 final layers of epoxy polyester powder paint dried at 240°C.

DESIGN PROCESS

Study of biomechanics and ergonomics under the supervision of associated professionals and athletes. After a long design period; From the sketch, engineering research, prototyping and testing by professional athletes, our products go to market.

BT FORZA

**CONSOLE *PRE-INSTALLATION* WITH
CONNECTIVITY AS *STANDARD* ACROSS
THE FULL RANGE OF SELECTORIZED
STRENGTH MACHINES**



All selectorized strength machines **incorporate, as standard, the necessary pre-installation** to integrate a smart connectivity console. This solution allows workouts to be recorded and monitored, offering users a more connected, personalized, and results-oriented experience. Additionally, it **facilitates the digitalization of the fitness floor, improves performance tracking, and provides added value to the gym** without the need to replace existing equipment.

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www.bodytone.eu