

bodytone

LINEAFORZA BENCHES



FBC11
ABDOMINAL BENCH



MEASUREMENTS

168 x 68 x 87 cm.

NET WEIGHT/GROSS WEIGHT

49 kg / 65 kg.

STRUCTURE

Steel tube of 100x50 mm and 2.5 mm thick, welded by robotic process, free of projections. 6 mm structural connection plates, for an extra rigid connection.

MAXIMUM USER WEIGHT

150 kg.

POSITIONERS

Pop pin locator in technopolymer, fixing the position smoothly and firmly.

GRIPS

Made of steel, with a non-slip PVC cover and aluminum trims.

MOBILITY

Integrated transport wheels.

CUSHIONING

Double shock absorber that facilitates the ascent position in positioning of the backrest.

BACKREST AND LEG SUPPORT

Injected in high quality polyurethane foam density, extra comfort.
6.5cm thick.

ROLLERS

Injected in high density polyurethane foam, extra comfort.
Roller diameter 138mm and 50mm thick.

UPHOLSTERED

Carbon Fiber leather-like finish. Great durability against friction and wear. Prepared against sweating and antibacterial.

ADJUSTMENT STRIPS

10 mm steel plate. of thickness.

NUMBER OF REGULATION POSITIONS

Adjustable backrest in 5 positions.

WORK ZONE

Indicated for abdominal training exercises in all its variants and at different tilt angles.

MATERIALS AND FINISHES

High quality in its finishes.
3.5mm thermoplastic ABS ferrules.

BASES

Covered in non-slip rubber.

SCREWS

M10 and hardness of 8.8

MAINTENANCE AND LUBRICATION

Biweekly maintenance.
Lubrication of seatposts, guides, bearings and pop pin.
Cleaning upholstery with a damp cloth.

PAINTING PROCESS

3 coats of paint.
Steel pickled and stabilized by total immersion of the parts in different degreasing solutions to guarantee a perfect and complete cleaning of the base material. Anti-rust primer to ensure adequate insulation from internal oxidation and good paint adhesion. 2 final coats of polyester epoxy powder paint, dried at 240°C.

DESIGN PROCESS

Biomechanics and ergonomics study under the supervision of professionals and associated athletes. After a long period of design; from sketching, engineering research, prototype production, testing by professional athletes, our products are launched on the market.



FBC11 ABDOMINAL BENCH