

SRX56

# STANDING HIP ABDUCTOR



bodytone

**SOLID  
ROCK**



### **PLATE HOLDER**

Steel tubes coated in technopolymer, supports Olympic plates up to 250kg



### **ISOLATERAL MOVEMENTS**

Strength balance, greater muscle focus, and improved range of motion



### **MAXIMUM STABILITY**

Calibrated steel hubs, Ø65 mm and 8 mm thick



### **FRAME**

Robust 3mm thick carbon steel frame



### **HIGH DURABILITY**

EVA foam with antibacterial coating against sweat, wear-resistant



### **D-SHAPED BASE**

Makes the machine more stable and very compact

# **ROCK YOUR TRAINING. STAY SOLID.**



# SRX56

## STANDING HIP ABDUCTOR

Glute and abductor training with guided and stable lateral movement.



137 cm  
118 cm  
147 cm

Dimensions



109  
kg

Net weight



250 kg  
125 kg per side

Maximum load



6205  
High precision

Bearings



100x50  
mm

Steel tubes

**STRUCTURE**

Steel tube 100 x 50 mm and 70 x 50 mm, welded using a robotized process, completely free of projections. Structural connection plates of 5 and 10 mm for an extra-rigid joint.

**MAXIMUM LOAD CAPACITY**

Supports Olympic weight plates up to 250 kg, 125 kg per arm.

**PLATE HOLDERS**

Steel tube coated with technopolymer.  
Dimensions: Ø50 mm x 250 mm.

**BUSHINGS**

Made of calibrated steel, Ø25 mm and 8 mm thick.

**BEARINGS**

High precision 6205 bearings.

**AXLES**

Manufactured from 20# calibrated steel, Ø25 mm.

**HANDLES**

Dual grip made of Ø34 mm steel tube with non-slip PVC cover and aluminum end caps.

**FOAM PARTS**

Made of high-density EVA for extra comfort.  
Thickness: 60 mm.

**UPHOLSTERY**

Leather-like finish, highly durable against friction and wear.  
Sweat-resistant and antibacterial.

**ELASTIC BAND SUPPORTS**

Made of steel.

**PLATFORM**

Non-slip surface. Incline regulation: 4 levels.

**BASE**

Height-adjustable levelling plastic feet.

**BOLTS**

M10, hardness grade 8.8.

**BODYTONE DESIGN PROCESS**

Ergonomic and biomechanical study under our associated Professional's supervision and by professional athletes. After a long design process; from the drawing of the sketch, engineering research, prototypes making, and tested by Professional athletes our products are released to the market.



150 kg  
User max weight

bodytone

# SOLID ROCK



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details of the new  
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