

SRX11

LINEAR ROWING



bodytone

**SOLID
ROCK**



PLATE HOLDER

Steel tubes coated in technopolymer, supports Olympic plates up to 250kg



ISOLATERAL MOVEMENTS

Strength balance, greater muscle focus, and improved range of motion



MAXIMUM STABILITY

Calibrated steel hubs, Ø65 mm and 8 mm thick



FRAME

Robust 3mm thick carbon steel frame



HIGH DURABILITY

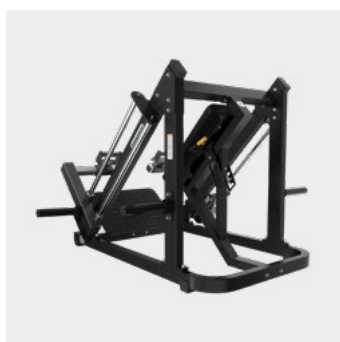
EVA foam with antibacterial coating against sweat, wear-resistant



D-SHAPED BASE

Makes the machine more stable and very compact

ROCK YOUR TRAINING. STAY SOLID.



SRX11

LINEAR ROWING

Lat training with linear pulling and a natural body posture.



168 cm
180 cm
116 cm

Dimensions



182
kg

Net weight



250 kg
125 kg per side

Maximum load



LM30UU
model

Bearings



100x50
mm

Steel tubes

STRUCTURE

Steel tube 100 x 50 mm and 70 x 50 mm, welded using a robotized process, completely free of projections. Structural connection plates of 8 and 10 mm for an extra-rigid joint.

MAXIMUM LOAD CAPACITY

Supports Olympic weight plates up to 250 kg, 125 kg per arm.

PLATE HOLDERS

Steel tube coated with technopolymer.
Dimensions: Ø50 mm x 250 mm.

BUSHINGS

Made of calibrated steel, Ø30 mm and 8 mm thick.

BEARINGS

LM30UU model bearings.

AXLES

Manufactured from 45# steel, Ø30 mm.

HANDLES

Dual grip made of Ø34 mm steel tube with non-slip PVC cover.

BACKREST

Made of high-density EVA for extra comfort. Thickness 60mm.

UPHOLSTERY

Leather-like finish, highly durable against friction and wear.
Sweat-resistant and antibacterial.

ADJUSTMENT SYSTEM

5 positions.

PHONE HOLDER

Made of steel.

PLATFORM

Non-slip surface. Regulation: 4 levels.

BASE

Height-adjustable levelling plastic feet.

BOLTS

M10, hardness grade 8.8.

BODYTONE DESIGN PROCESS

Ergonomic and biomechanical study under our associated Professional's supervision and by professional athletes. After a long design process; from the drawing of the sketch, engineering research, prototypes making, and tested by Professional athletes our products are released to the market.



150 kg
User max weight

bodytone

SOLID ROCK



Discover all the
details of the new
Solid Rock range.

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