

# bodytone

## FORZA **HERO**



### **FH13**

WEIGHT ASSISTED CHIN DIPS

# FORZAHERO

This new line is a selection of Bodytone's premium strenght machines, focusing in the user for an excelent training results. Discover all >>>



Connectivity pack  
screen 10" and NFC (optional)



High quality  
termoplastic covers



Carbon fiber finish



Ultrasilent bearings



Digital counter



Bottle and  
mobile holder



Upholstery  
ABS covers



Non-slip PVC grips  
with aluminium caps

# SCREEN**TECHNOLOGY**

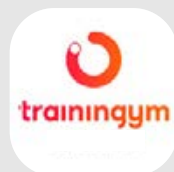
**MONITORIZE**  
YOUR TRAINING

**IMPROVE THE PRECISION**  
OF YOUR WORKOUTS

**INTERACTIVITY**  
AT THE TIME



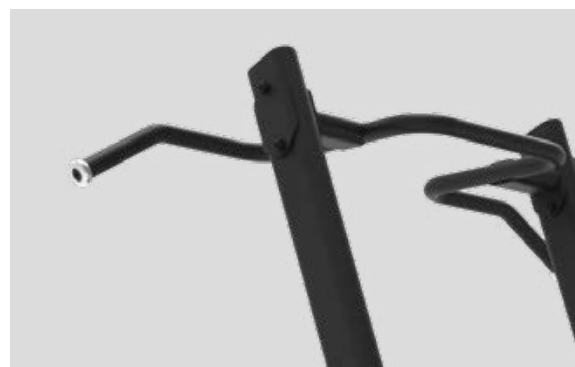
**CONNECTED TO  
YOUR CENTER'S APP**  
powered by



CONNECTIVITY PACK SCREEN 10" AND NFC (OPTIONAL)

**FORZA HERO** WEIGHT ASSISTED CHIN DIP

**bodytone**



# FH13

## EXERCICE

Machine to do lats with wide or narrow grip with the help of weight. Dips and triceps can also be performed.

## DIMENSIONS

1421 x 161 x 229 cm

## WEIGHT

183 kg

## WEIGHT PLATES

107 kg (7 kg/plate)

**FORZA HERO** WEIGHT ASSISTED CHIN DIPS

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### **STRUCTURE**

Plate structure part: Carbon steel tube of 140 x 75 mm and 3 mm thickness.  
Functional part: oval carbon steel tube of 100 x 50 mm and 3 mm thickness.  
Round tube of 60 mm diameter. Welded by robotic process, projection free.

### **BEARINGS**

Ultra-quiet ball bearings with smooth sliding, allowing smooth travel of the exercise more fluent and pleasant.  
Measures 52 x 15 mm.

### **PULLEYS**

V-groove nylon. With an internal bearing and quiet operation. Step diameter: 95 mm

### **PLATE GUIDES**

Stainless steel plate guides. Hardened double chrome treatment for better sliding.

### **STEEL WIRES**

PVC coated and 5 mm in diameter, with smooth and safe performance. Breakage index test: 1,000 kg. Safety terminal with steel ball joints.

### **WEIGHT PLATES**

107 kg as standard, with 7 kg plates.  
Ultra-quiet movement. protective stops rubber on anti-knock base. protective stops of PVC between anti-knock plates.

### **WEIGHT SELECTOR**

Magnetic, color-coded plates by intensity level, and safety lanyard.

### **ADJUSTMENT LEVERS**

In aluminum, quick release, in red to facilitate its location.

### **PLATE FAIRING**

3 mm thick thermoformed ABS fairing, to protect from possible accidents.



### **BOTTLE RACK AND UPPER STORAGE**

3mm thick thermoplastic ABS piece. Includes bottle rack and slide tray with non-slip texture.

### **REPEATCOUNT**

As standard, integrated into the fairing.

### **GRIPS**

Non-absorbent non-slip PVC.

### **BACKS AND UPHOLSTERY**

Back, headrest and seat made of foam, upholstered in imitation leather, anti-allergic and easy to clean, with a carbon fiber effect texture.

### **MATERIALS AND FINISHES**

High quality in its finishes.  
3.5 mm thermoplastic ABS ferrules.

### **BASES**

Covered in non-slip rubber.

### **MAINTENANCE AND LUBRICATION**

Lubrication of bearings and calibrated steel guides.

### **PAINTING PROCESS**

3 coats of paint. Pickled and stabilized steel by total immersion of the parts in different degreasing solutions to guarantee a perfect and complete cleaning of the base material. Anti-rust primer to ensure proper isolation of internal oxidation and good paint adhesion. In addition, it has 2 final layers of epoxy polyester powder paint dried at 240°C.

### **DESIGN PROCESS**

Study of biomechanics and ergonomics under the supervision of associated professionals and athletes. After a long design period; From the sketch, engineering research, prototyping and testing by professional athletes, our products go to market.

**BT FORZA**

**CONSOLE *PRE-INSTALLATION* WITH  
CONNECTIVITY AS *STANDARD* ACROSS  
*THE FULL RANGE* OF SELECTORIZED  
STRENGTH MACHINES**



All selectorized strength machines **incorporate, as standard, the necessary pre-installation** to integrate a smart connectivity console. This solution allows workouts to be recorded and monitored, offering users a more connected, personalized, and results-oriented experience. Additionally, it **facilitates the digitalization of the fitness floor, improves performance tracking, and provides added value to the gym** without the need to replace existing equipment.

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[www.bodytone.eu](http://www.bodytone.eu)